

Healthy Workplace

Reducing sitting time each work day is essential to reduce key risks. We have teamed up with Yo-Yo DESK to promote affordable solutions which improve health in the workplace.



Health Risks of Prolonged Sitting

Scientific evidence informs us that sitting for long bouts causes serious health risks related to Heart Disease, Diabetes, Mental Health, Cancer and Muscle Degeneration.



Higher levels of harmful cholesterol



Increased back pain



Reduced calorie burn (Metabolic rate)



Reduced oxygen flow to the brain



Disrupted blood sugar levels

For more information visit: www.getbritainstanding.org



The Benefits of Active Working

Standing

- Burn calories
- Improve posture
- Reduce stress

Active Feet

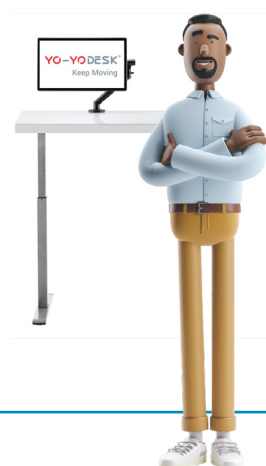
- Boost blood circulation
- Reduce fatigue
- Increase oxygen flow

Monitor Arms

- Minimise eye strain
- Improve posture
- Reduce stress

Active Seating

- Keeps you moving
- Engages core muscles
- Increases productivity



Meet the family

We constantly strive to develop new Yo-Yo DESK® solutions to enable more people to keep moving. Check out our full range of solutions.



YO-YO DESK® LITE



YO-YO DESK® 80 B



YO-YO DESK® 90



YO-YO DESK® GO B



YO-YO DESK® LEARN



YO-YO DESK® BIKE



YO-YO DESK® PRO 1



YO-YO DESK® PRO 2



YO-YO DESK® PRO 3



YO-YO BENCH®



YO-YO ERGO STOOL



YO-YO MAT® MINI



YO-YO MAT® M



YO-YO BOARD



YO-YO BOARD 360

Your Warranty

We pride ourselves on the reliability and quality of all our solutions. For your peace of mind, your Yo-Yo DESK® product is covered by extended warranty:

Yo-Yo DESK® PRO 1	5 Years
Yo-Yo DESK® PRO 2	7 Years
Yo-Yo DESK® CLASSIC	3 Years
Yo-Yo DESK® SLIM	3 Years
Yo-Yo DESK® GO	3 Years

Yo-Yo DESK® LITE	5 Years
Yo-Yo DESK® BIKE	2 Years
Yo-Yo ERGO STOOL®	3 Years
Yo-Yo MAT®	10 Years
Yo-Yo BOARD®	10 Years

Contact us

If you have any questions about your Yo-Yo DESK® please visit our website or contact us:

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